Solution for 5.3 Address Book (Answer = SOPHIA)

You should have recognised the first names as those of the British Royal Family; if you didn't, Googling for the odder names like Eugenie and Zara would have provided this information. There was also a hint in that you recognised the handwriting - the deduction is that this address book belongs to Charles, whose handwriting you'd seen before in 3.4 Links.

Knowing what they are, the natural way to order them is by their position in the line of succession. Once you do that, taking the initials of their middle names and last names gives the phrase SETTLEMENT PROGENITOR. At this point, you may have to do some research - the British Act of Settlement (1701) was a law passed with the intent of excluding Catholics from the throne, which stated, among other things, that only descendents of Electress Sophia of Hanover may inherit the crown. Hence, the answer is the common ancestor of all those who are in the line of succession - Sophia.